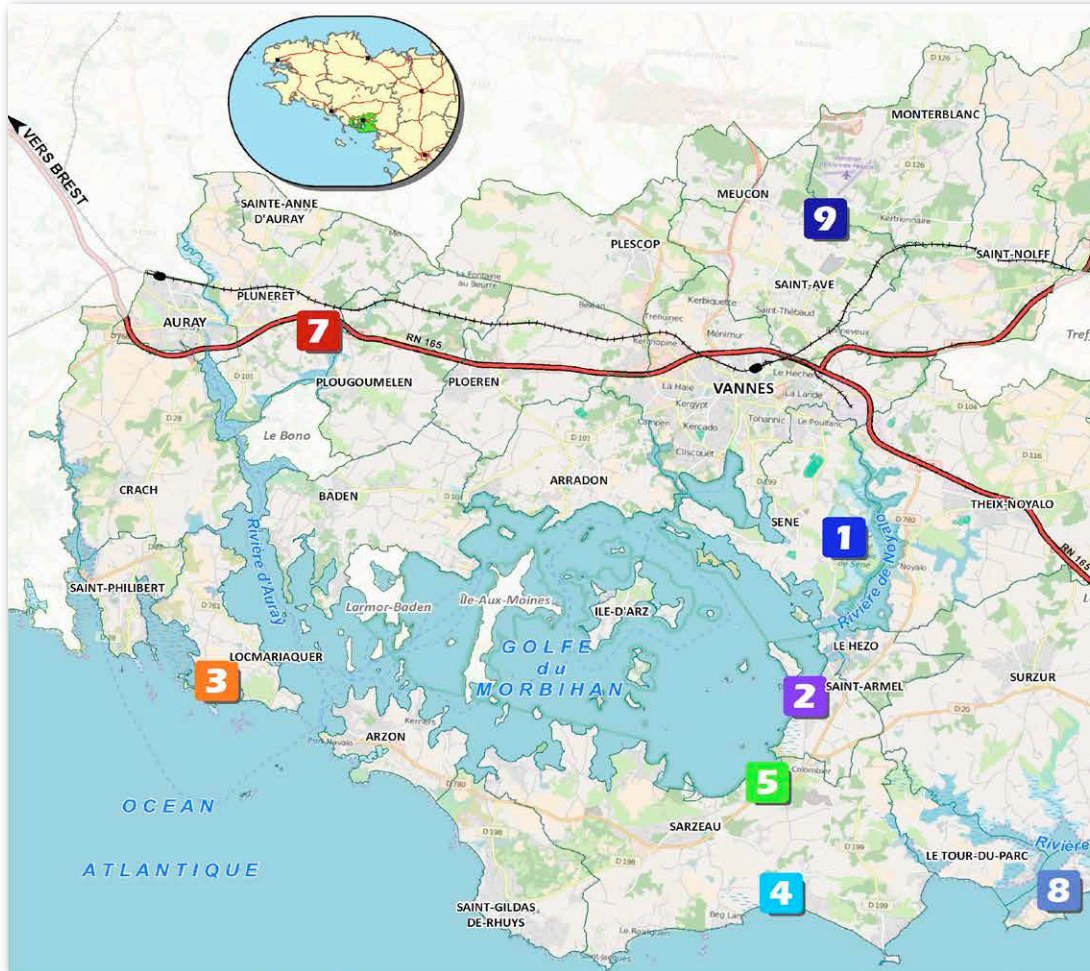




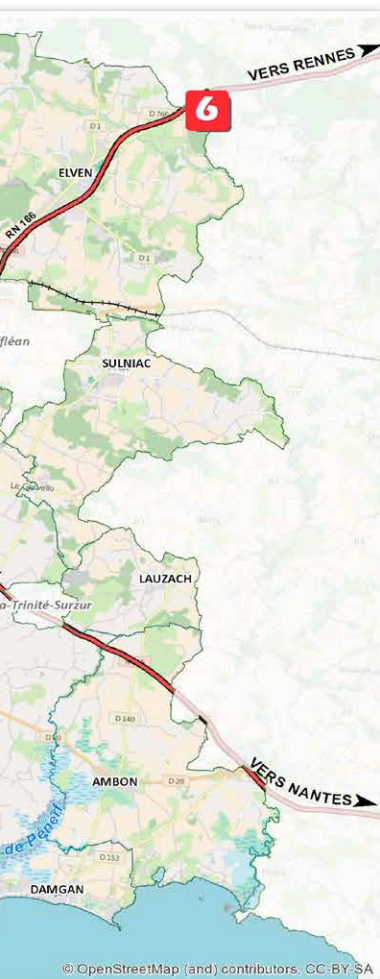
Golfe du Morbihan Parc Naturel Régional  
**Where to watch birds ?**

Une autre vie s'invente ici

# The main observation



The «Golfe de Morbihan» is one of France's major sites for birdwatching. Various different habitats including islands, mudflats, coastal marshes, hedgerows, heath and woodland all favour the presence of a variety and abundance of different animal and plant species. About 200 species of birds are seen each year. Between 80000 and 120000 wetland birds pass the winter here between October and February, along the coast.



- 1 **Séné marches Reserve**
- 2 **Lasné marshes at St Armel**
- 3 **Brennegi marshes at Locmariaquer**
- 4 **Suscinio marshes at Sarzeau**
- 5 **Duer marshes at Sarzeau**
- 6 **Huelfaut and hayo woodland-Elven**
- 7 **Téno heath at Pluneret**
- 8 **Damgan coastal trail**
- 9 **Cesar camp Monterblanc /St Ave**

We hope you have an enjoyable stay in the Golfe du Morbihan Parc naturel régional. All the sites presented in this booklet are freely accessible in fragile areas. Please be respectful of the sites, keep any dog on a lead and stay to marked footpaths.



**1**

# Séné marshes national nature Reserve

Created in 1996, the reserve covers 530 ha of mudflats, salt marshes, ancient salimes and wet meadows. Today a visit to the site imposes for any naturalist visiting the Golfe de Morbihan for birds (duck, terns and various waders and other shorebirds), other wetland animals and plants. 220 species of birds have been recorded on the Reserve. It is also an important staging area for most of the wader species that occur regular in Westren Europe. The Reserve can be visited either on one's own or with a guide.



## How to get there

Go to Séné and then follow directions to «Réserve de Séné»

GPS : Lat. 47 61683 Long. 2 711104

## Périod

Spring \*\*\*, Summer \*\*\*, Autumn \*\*\*, Winter \*\*\*



Avocet

## Birds

**Migrants** : Curlew and Wood sandpipers, Little stint and many other species of wader. The Osprey is often seen fishing along the Noyal river

**Winter** : Lapwing, Pintail, Shoveler, Marsh harrier, Spoonbill

**Summer** : Black-winged stilt, Common tern, Black-tailed godwit

**Resident** : Avocet, Fan-tailed and Cetti's warblers, several species of waders, gulls and passerines

**Other interesting wildlife** : Dragonflies: Southern and Willow Emerald damselflies, Emperor dragonfly, Southern darter. Butterflies: Black-veined white, Swallowtail, Sooty copper, Southern white admiral, Glanville and Knapweed fritillaries

## Events and guided walks

Throughout the year, the Séné marshes organises nature walks, conferences and events on site or around the Morbihan. To find out more : [www.sene.com](http://www.sene.com)

## Organisation of visits

There are two ways of visiting the nature Reserve. Part is by paid access with 2 nature trails and 4 hides. 3 km of trails. The visit lasts about two hours. Free access to another part with 2 trails and 1 hide. 4½ km of trails

+ Info

### Réserve Naturelle Nationale des Marais de Séné

Route de Brouel, 56860 Séné

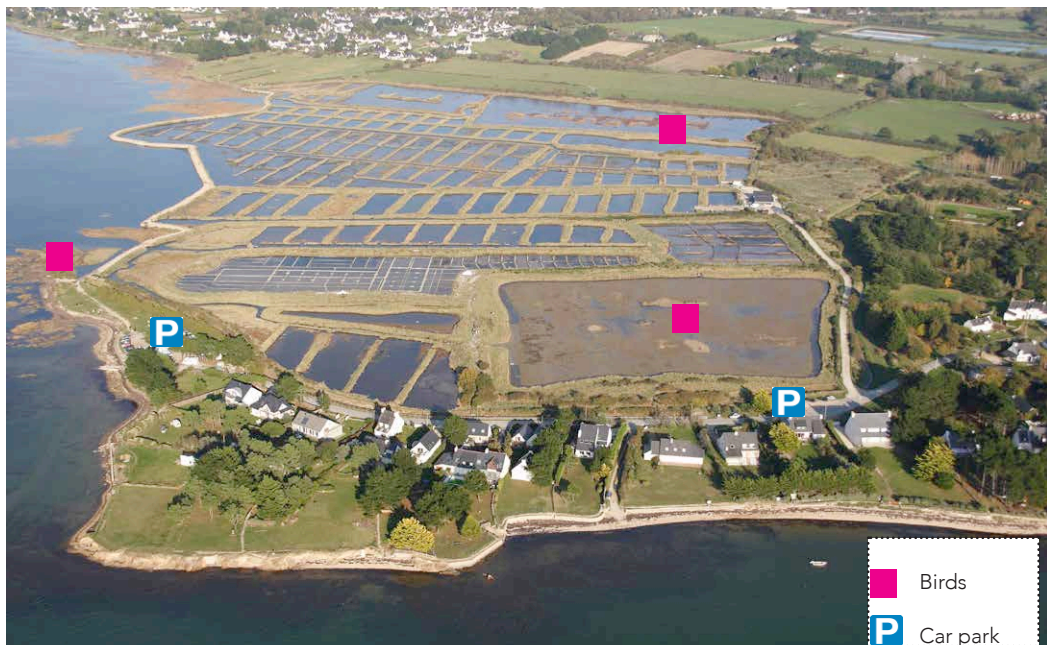
+33 2 97 66 07 40

[www.sene.com](http://www.sene.com)



# Lasné marshes at Saint Armel

A departmental (county council) reserve since 1978, these ancient salt pans dating from the middle ages have since 2003, been restored and salt is once again produced. There are now also two shellfish producers that use certain salt pans. The rest of the marsh is for the birds that occur year round on this very favourable site.



Owner :Conseil Départemental du Morbihan

## How to get there

Follow signs to Saint Armel and then to Tascon

Coordonnées GPS : Lat.47 569125 Long. 2 722038

## Period

Spring \*\*\*, Summer \*\*, Autumn \*\*, Winter \*\*\*

+ Info

### Accommodations, Events, Activities

Office de Tourisme de la Presqu'île de Rhuys-Golfe du Morbihan

Tél : +33 2 97 53 69 69

[www.rhuys.com](http://www.rhuys.com)



Mediterranean gull

## Birds

**Migrants** : Ruff, Curlew sandpiper, Whimbrel

**Winter** : Dunlin, Grey plover, Black-tailed godwit, Brent goose, Spoonbill, Short-toed owl, various species of wader and gulls on the mudflats around Tascon Island

**Summer** : Mediterranean gull, Avocet, Common tern (the largest colony in Brittany), Black-winged stilt

**Sedentary** : Little egret, Redshank, Fan-tailed warbler and Cetti's warblers

**Other interesting wildlife** : Parsley frog, European tree frog, Southern white admiral

## Suggested activities nearby

### La Maison du Cidre

Rue de Lann Vrihan,  
56450 Le Hézo  
+33 2 97 26 47 40  
[www.museeducidre.com](http://www.museeducidre.com)

### Nature Guide Adrien Mounier

+ 33 6 22 94 14 87  
[adrienmounier@gmail.com](mailto:adrienmounier@gmail.com)  
[www.jeuxpechetescontes.com](http://www.jeuxpechetescontes.com)



PARC NATUREL RÉGIONAL  
DU GOLFE DU MORBIHAN

# 3 Brennegi marshes at Locmariaquer

Half way between the Golfe de Morbihan and the Quiberon peninsula, the Saint Pierre peninsula is a mix of sandy beaches and ancient salt pans. Depending on the tide, birds come here to roost. Follow the marked trails to discover the different species of birds...



Owner Conservatoire du Littoral - Manager : Mairie de Locmariaquer

## How to get there

Take the D780 towards Locmariaquer then follow signs for Kerveresse

GPS : Lat. 47 561596 Long. 2 962679

## Period

Spring \*\*, Summer \*\*, Autumn \*\*, Winter\*

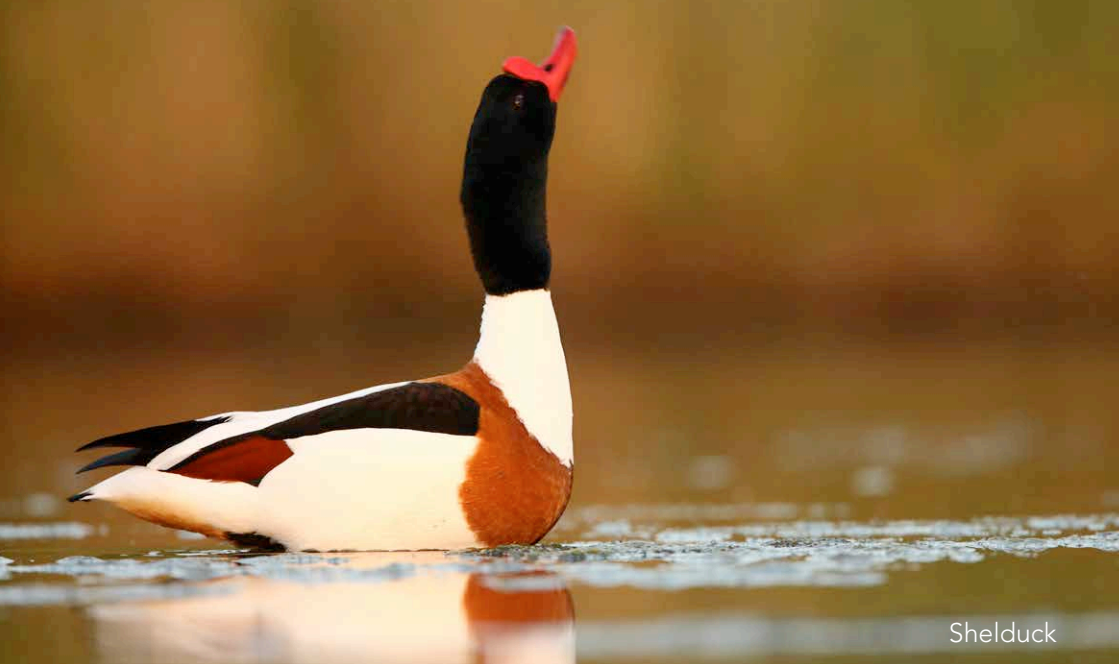
+ Info

**Accommodations, Events, Activities**  
**Office de Tourisme de Locmariaquer**

Tél : +33 2 97 57 33 05

[www.morbihan-way.fr](http://www.morbihan-way.fr)





Shelduck

## Birds

**Migrants** : Spoonbill, Curlew sandpiper, Whimbrel, Little stint and various other waders, gulls and passerines

**Winter** : Mediterranean gull, Black-necked grebe, Brent goose

**Summer** : Kentish plover, Avocet, Black-winged stilt, Hoopoe, Bluethroat, Serin

**Sedentary** : Redshank, Shelduck, Fan-tailed and Cetti's warblers

**Other interesting wildlife** : Numerous remarkable dune plants: Sand toadflax, Western pink, Wild asparagus, Clap weed, Common shrubby everlasting ... To the east, in the marsh near the «pointe de Kerpenhir», various dragonflies can be seen in summer, including: Shy, Small, Scarce and Brown Emerald Damselflies, Southern Migrant Hawker and Southern Darter

## Suggested activities nearby

### Sites of Mégalitics at Locmariaquer

Route de Kerlogonan  
56740 Locmariaquer  
[www.site-megalithique-locmariaquer.fr](http://www.site-megalithique-locmariaquer.fr)

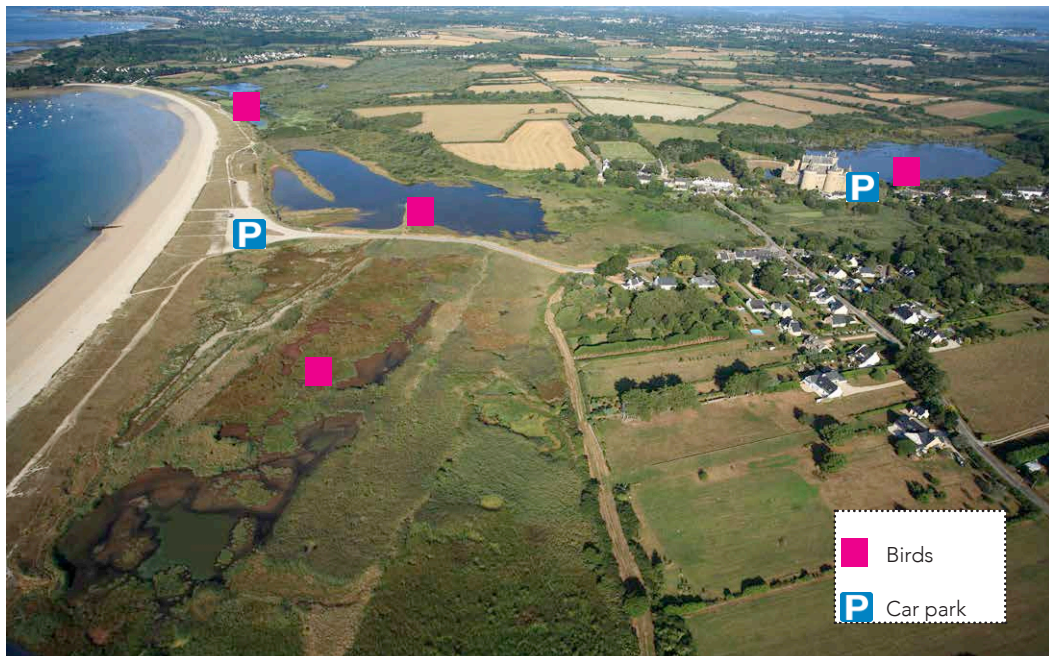
### Guide for angling Bertrand FENARD

+ 33 6 50 83 62 90  
[www.guide-peche-bar.com](http://www.guide-peche-bar.com)



# 4 Suscinio marshes at Sarzeau

Watched over by the famous Château des ducs de Bretagne (Chateau of the Brittany Dukes), nearly 200 ha of ancient salt pans, marshes and reedbeds along the line of coastal dunes. The site can be visited by using the permanently open trails



Owner Conseil Départemental du Morbihan -Manager : Mairie de Sarzeau et Conseil Départemental

## How to get there

Go in the direction of the "Presqu'île de Rhuys", then follow signs to the "Château de Suscinio". GPS : Lat. 47 510389 - Long.2 725561

## Period

Spring \*\*\*, Summer \*\*, Autumn \*\*, Winter\*

+ Info

**Accommodations, Events, Activities**

**Office de Tourisme de la Presqu'île de Rhuys-Golfe du Morbihan**

Tél : +33 2 97 53 69 69

[www.rhuys.com](http://www.rhuys.com)



Bluethroat

## Birds

**Migrants** : Spoonbill, Garganey, Wood sandpiper, Little stint. In August, Ruff and Penduline tit in early October

**Winter** : Kingfisher and Bearded reedling

**Summer** : Bluethroat, and many other species of wetland passerines, especially Cetti's warbler. Kentish plover nest on the beach; Black-winged stilts and Avocets common on the marshes

**Sedentary** : Little egret, Fan-tailed warbler, Shelduck and a variety of waders

**Other interesting wildlife** : Natterjack toad, Parsley frog, European tree frog, Southern darter, Butterflies: Black-veined white, Glanville fritillary, Swallowtail

## Suggested activities nearby

### Domaine de Suscinio

Route du Duc Jean V  
56370 Sarzeau  
+33 2 97 41 91 91  
[www.suscinio.fr](http://www.suscinio.fr)

### Kayak school - Kerners Kayak

Port du Logeo  
56370 Sarzeau  
+ 33 6 14 68 04 65  
[www.kerners-kayak.com](http://www.kerners-kayak.com)



# Duer marshes at Sarzeau

Touching the vast expanse of the St. Colombier mudflats, hundreds of birds are present in winter (October to March), today the ancient Duer salt pans are a paradise for birds, and birdwatchers! Two hides erected on a high point overlooking the site allow the visit to observe the area during an incoming tide that forces the birds onto the salt pans.



Owner : Conseil Départemental du Morbihan - Manager : Mairie de Sarzeau

## How to get there

Follow signs to the Presqu'île de Rhuys and stop at Saint Colombier

GPS : Lat.47 542886 Long. 2 734694

## Period

Spring \*, Summer \*, Autumn \*\*, Winter\*\*\*

### Accomodations, Events, Activities

Office de Tourisme de la Presqu'île de Rhuys Golfe du Morbihan

Tél : +33 2 97 53 69 69

[www.rhuys.com](http://www.rhuys.com)

+ Info



Brent geese,

## Birds

**Migrants** : Spoonbill, Whimbrel, various waders and passerines

**Winter** : Brent goose, Teal, Curlew, Black-tailed godwit, Peregrine, Great egret

**Summer** : Black-winged stilt, Common tern

**Sedentary** Avocet, Redshank, and Shelduck. Around the marshes the large pines may be good for : Crested tit, Short-toed treecreeper, both 'crests

## Suggested activities nearby

### Château Kerlévenan

Kerlévenan  
56370 SARZEAU  
+33 2 97 26 46 79

### Escapade en Terre Iodée

**Nature guide**  
**Mélanie Chouan**

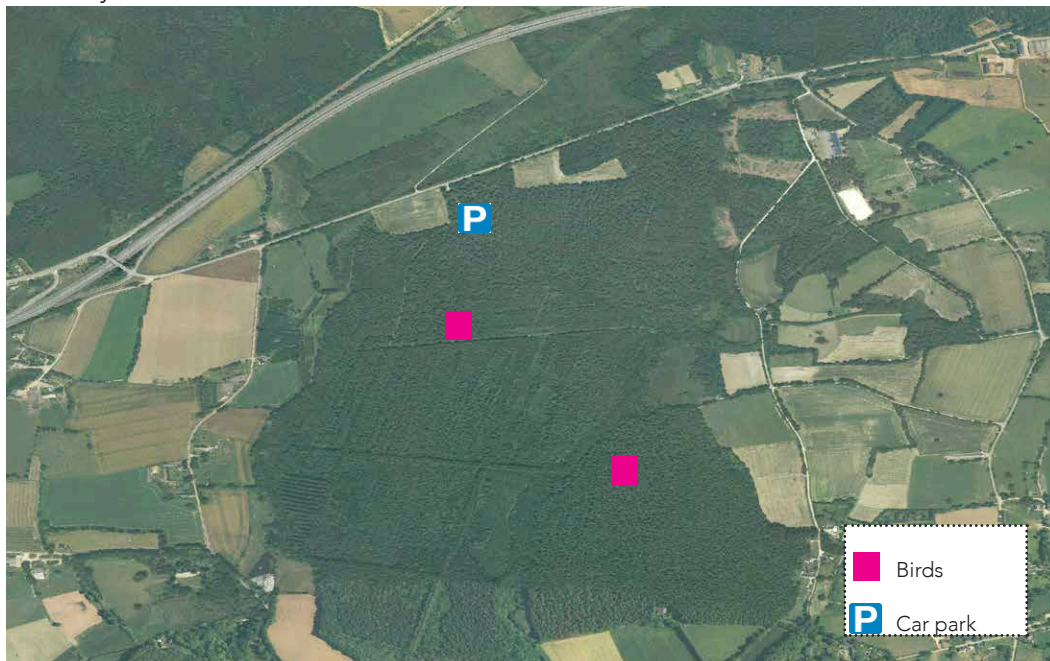
+33 6 25 93 59 88  
[www.escapade-en-terre-iodee.fr](http://www.escapade-en-terre-iodee.fr)



PARC NATUREL RÉGIONAL  
DU GOLFE DU MORBIHAN

# 6 Huelfaut and Hayo woodland at Elven

This woodland is one of the best sites to hear and maybe see the discreet Black Woodpecker and the other three species of woodpecker. A network of small tracks allows the visitor to discover the site whilst under the canopy of the large beeches. High above the "Golfe", birds are discreet here; search attentively with both eyes and ears.



Owner Vannes Agglomération

## How to get there

Take RN 166. Way out at Le Cour drive 1 km on this road

Coordonnées GPS : Lat. 47 754621 Long. 2 539234

## Period

Spring \*\*, Summer \*, Autumn \*, Winter \*

+ Info

**Acomodations, Events, Activities**  
**Office du Tourisme de Vannes- Golfe du Morbihan**  
+33 2 97 47 24 34  
[www.tourisme-vannes.com](http://www.tourisme-vannes.com)



Black woodpecker



Great spotted woodpecker

## Birds

**Winter** : Brambling, Fieldfare, Redwing

**Summer** : Hobby, Hoopoe, Honey buzzard, Whitethroat, Melodious warbler

**Sedantary** : Four species of woodpecker (black, green, great and lesser spotted) can be seen throughout the year. Stock dove, Crested tit, Short-toed tree creeper and various other passerines

**Other interesting wildlife** : Dragonflies in summer: Western spectre, Western club-tailed dragonfly, Large pincertail, Brilliant and Orange-spotted emeralds

## Suggested activities nearby

### Forteresse de Largoët

Forteresse de Largoët  
56250 Elven  
+ 33 2 97 53 35 96  
[www.largoet.com](http://www.largoet.com)

### Parc et jardins du Château de Trédion

Château de Tredion  
56250 Tredion  
+33 29767 12 37  
[www.chateau-tredion.fr](http://www.chateau-tredion.fr)

# Téno heath at Pluneret

A succession of small woods separated open heath, birds are not easy to find on Teno heath at Pluneret, but careful watching will bring rewards. Well integrated tracks allow access to the site. It is just as much with your ears as your eyes that you will appreciate the site. There's access to mudflats with easier watching via woodland understory.



Owner : Conseil Départemental du Morbihan

## How to get there

Way out Pluneret and follow Kerichan. Car park just after Kerichan at Kergadic  
GPS : Lat 47 667278 Long. 2 932588

## Period

Spring \*\*, Summer \*\*, Autumn \*, Winter\*

+ Info

**Accommodations, Events, Activities**  
**Office de Tourisme du Pays d'Auray**

Tél : +33 2 97 24 09 75

[www.auray-tourisme.com](http://www.auray-tourisme.com)





Nightjar

## Birds

**Summer** : Nightjar, Tree pipit, Hobby, Yellow hammer

**Sedentary** : Dartford warbler, Black woodpecker, Cirl bunting and various other passerines

**Other interesting wildlife:** Plants: Dorset heath, Sundews. Butterflies that can be seen in June and July: Large chequered skipper, Black-veined white, Short-tailed and Silver-studded blues, Pearly heath

## Suggested activities nearby

### Chapelle de Sainte Avoye

Village de Ste Avoye  
56400 Pluneret  
+33 2 24 09 75  
[www.pluneret.fr](http://www.pluneret.fr)

### Guide Nature

**Anne Jacob**  
+ 33 6.81.76.70.17.  
[www.la.mer.monte@orange.fr](mailto:www.la.mer.monte@orange.fr)



PARC NATUREL RÉGIONAL  
DU GOLFE DU MORBIHAN

# Damgan coastal trail

Between Lennpoint and Pouillac marches, along the Pénerf river, use the coastal tracks to look over the estuaries and salt marshes. The trails allow the visitor to discover a mixture of open habitats and more intimate closed woodland. Open your eyes and ears, there are birds everywhere.



## How to get there

In Damgan go in the direction of Pénérf as far as Le Lenn

GPS : Lat.47 516796 Long. 2 612334

## Period

Spring \*, Summer \*, Autumn \*\*, Winter\*\*\*

## + Info

**Accommodations, Events, Activities**

**Office de Tourisme de Damgan**

+33 2 97 41 11 32

[www.tourisme-arc-sud-bretagne.com](http://www.tourisme-arc-sud-bretagne.com)



Common tern

## Birds

**Migrants** : Osprey, Whimbrel, Spoonbill

**Winter** : Brent goose, Ringed plover, Dunlin, Curlew, Black-tailed godwit and a variety of other waders and duck

**Summer** : Common tern in a colony on Ilot de Rion

**Sedentary** : Little egret, Redshank, Shelduck and a variety of gulls and passerines

**Other interesting wildlife**: Various remarkable plants of the seashore: Western pink...

## Suggested activities nearby

### Tour des Anglais

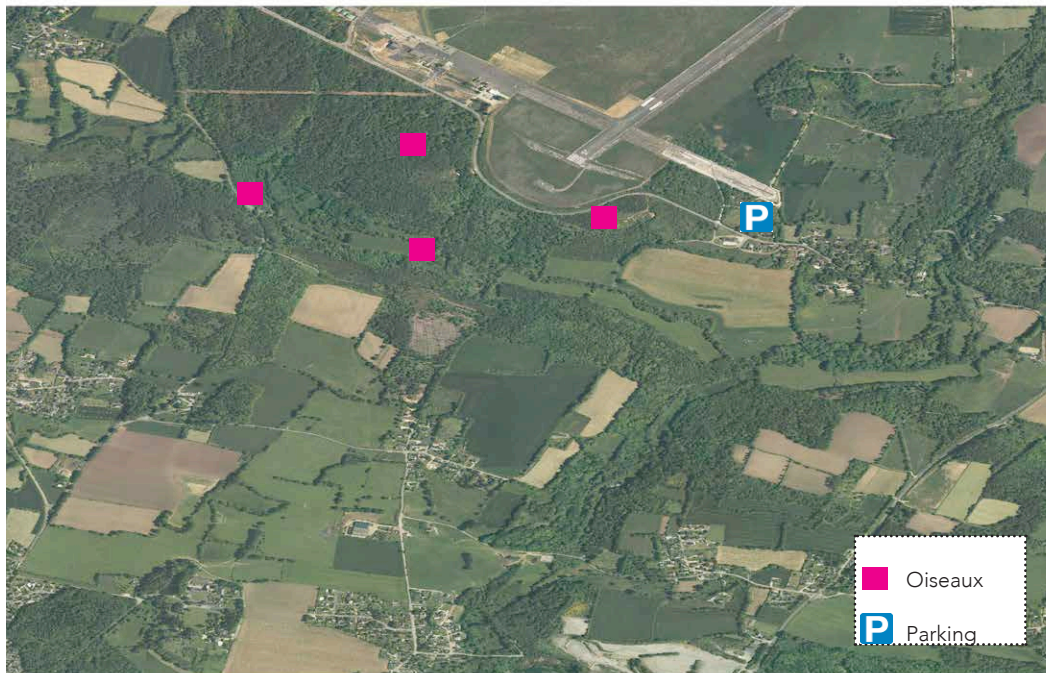
Maritime heritage  
Lieu du la pointe du Lenne  
56750 Damgan

### Oyster bar

Zone ostréicole de Penerf  
Port de Penerf  
56750 Damgan

# 9 Cesar camp at Monterblanc-Saint Avé

Overlooking the Golfe du Morbihan, a network of circular trails, tracks and paths allows the visitor to visit this naturally calm and lush environment, fragrant with gorse and heather. Finding wetland birds needs no particular skill; it's the very opposite when searching for birds in woodland, hedgerows or heath. Keep searching and listening all the time.



## How to get there

At St. Avé take the D126 towards Plumelec. After 2 km turn left towards Mangolérian. GPS : Lat. 47 710555 Long. 2 728935

## Period

Spring \*\*\*, Summer \*\*, Autumn \*, Winter \*

+ Info

**Accommodations, Events, Activities**  
**Office de Tourisme de Vannes - Golfe du Morbihan**  
+33 2 97 47 24 34  
[www.tourisme-vannes.com](http://www.tourisme-vannes.com)



Dartford warbler

## Birds

**Summer** : Nightjar, Tree pipit, Hobby, Honey buzzard, Melodious warbler

**Sedentary** : Dartford warbler, Crested tit, Woodlark, Black woodpecker, Bullfinch, Cirl bunting, Yellowhammer and various other passerines



## Suggested activities nearby

### Aquarium de Vannes

21 rue Gilard  
56000 Vannes  
+ 33 2 97 40 67 40  
[www.aquariumdevannes.fr](http://www.aquariumdevannes.fr)

### Château Gaillard - Archaeology museum

2 rue Noé  
56000 Vannes  
+33 2 97 01 63 00

# Other sites

## The «Pointe des Emigrés» at Vannes

About 60 species of birds can be seen at this site. It is especially interesting in winter and at high tide (when the mudflats are covered). It's one of the best sites for seeing Water rail. Kingfisher, Greenshank and flocks of Teal are often observed.

## Noyal lake

More than a hundred species have been observed on this "fishpond". It is particularly interesting in August and September when Osprey and Black tern are often seen. In spring Great crested grebes display here, winter is a time for duck and if the mud of the lake edges is exposed in summer many waders occur.

## L'Île d'Arz

On walking around the island, 50 species are easily seen in a day at all seasons. Numerous trails allow the visitor to look over various small bays where Brent geese and Little egrets are numerous in winter. In spring the hedgerows and gardens are a haven for small birds and each site may hold a surprise.

**+ Info**

**Réserve Naturelle Nationale des Marais de Séné**

+33 2 97 66 07 40

[www.sene.com](http://www.sene.com)

**Parc Naturel Régional du Golfe du Morbihan**

+ 33 2 9762 75 23

[www.golfe-morbihan.fr](http://www.golfe-morbihan.fr)

# What to do and see in the Golfe du Morbihan Parc naturel régional

## Hiking and biking

Whether on foot or on bike, there are many organised trails to discover the Golfe du Morbihan Parc Naturel Régional whether inland or next to the sea. All the trails are indicated and maps can be consulted in the tourist offices.

## Other outside activities

The Golfe du Morbihan is well known for water sports: yachting, dingy sailing, canoeing... There are also several Pony clubs.

## Gastronomy

The Golfe du Morbihan is rich in gastronomic tradition. On the menu: oysters, shellfish and fresh fish, also savoury pancakes, gochtiâl... They can be found in the numerous restaurants, markets and local producers in the area.

## Megalithic sites

The Morbihan are especially the Golfe du Morbihan and the Baie de Quiberon are exceptionally rich in Megalithic sites. This cultural heritage is in the process of being classed as a UNESCO World Heritage site.

+ Info

Office de Tourisme de Locmariaquer

Office de Tourisme de la Presqu'île de Rhuys Golfe du Morbihan

Office de Tourisme Vannes - Golfe du Morbihan Tourisme

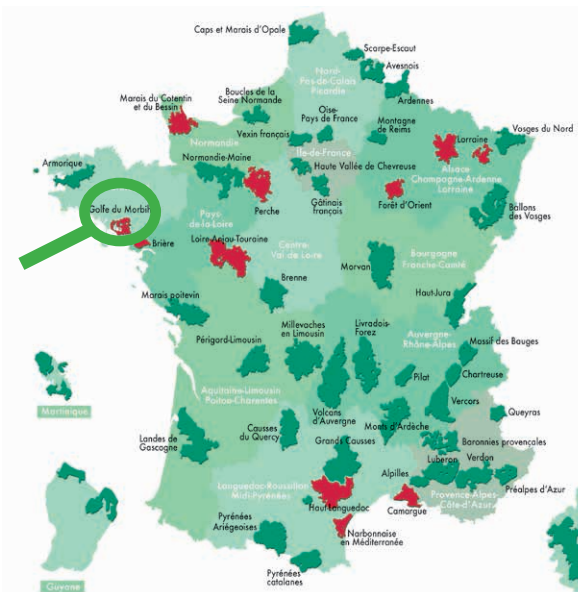
Office de Tourisme de Damgan

Office de Tourisme du Pays d'Auray

# Golfe du Morbihan Parc Naturel Régional

**Parks that have published a booklet of this kind «where to watch birds ?» :**

The Brière Park  
The Brenne Park  
The Forêt d'Orient Park  
The Haut Languedoc Park  
The Loire Anjou Touraine Park  
The Cotentin Bessin Park  
The Narbonnaise Park  
The Perche Park



## How to get to Golfe du Morbihan ?

The Golfe du Morbihan régional nature park is situated in south britany.

### By car

From Paris, motorways A11, l'Océane  
450 km from Paris (5h00)  
RN 165 Nantes-Quimper-Brest  
110 km from Nantes / Rennes

### By train

Trains direct from Paris :  
6-7 trains per days (3h)

### By plan

Nantes-Atlantique airport  
Lorient Lan Bihoué airport  
Rennes Saint-Jacques airport  
Dinard airport

