The Camargue is the largest wetland in France and is renowned internationally for nature conservation and the protection of birds. Approximately two thirds of all birds found in Europe can be observed in the Camargue, making it a favourite destination for both professional and amateur ornithologists.

Situated on the crossroads of Africa, Europe and the Mediterranean, the Camargue represents an important stopover for the hundreds of thousands of migrating birds that pass through each year. It is also home to the only Greater Flamingo nesting site in France.

With the aim of promoting and protecting its unique natural and cultural heritage, the Camargue was classified as a Biophere Reserve by UNESCO in 1977 and a large section of it has been designated as a Regional Nature Park since 1970.
The vast wetland zone of the **Camargue Regional Nature Park**, on the delta where the Rhone meets the Mediterranean Sea, is of huge environmental and cultural interest.

Various economic activities have developed in this rural area, such as tourism, hunting, fishing, rice production and horse and cattle farming... The Camargue is made up of a number of private estates which are not always open to the general public.

To help you to enjoy your birdwatching experience in the best possible conditions, we’ve put together this booklet describing a number of the best observation sites and their different approaches for observing birds:

- trails with free access on sites of low sensitivity
- trails with purpose built hides on sites of special interest
- guided tours on highly sensitive and protected sites

We wish you a very enjoyable stay in the Camargue and hope you make the most of your time here. Please keep in mind that it’s the responsibility of each and every one of us to safeguard the area’s natural beauty.
The Marais du Vigueirat Nature Reserve

The Vigueirat marshes belong to the « Conservatoire du Littoral » coastal protection agency. They stretch over 1,200 hectares where meet the remarkable ecosystems of the Rhone delta and the Crau steppe. Many plant and animal species can be observed here including over 300 species of birds. Explore this exceptional reserve via a 15 km network of tracks, either with or without a tour guide, by foot or by horse and cart. For a closer insight, choose the option of a 5 km tour at the heart of the reserve with a professional nature guide.

Open from February to December 10:00 - 17:00. Cafe open for drinks and snacks from April to September. Free parking and picnic areas. Access to the « Starling » trails is free. Advance booking necessary for guided tours.

> Fauna and flora found here

**BIRDS**
- All year round: Glossy ibis, Red-crested Pochard, Bittern, Moustached Warbler, Egret, Greylag Goose, White Stork, Greater Flamingo
- During the summer: Purple Heron, Little Bittern, Squacco Heron, Night heron, Bee-eater, Great Spotted Cuckoo, Common Tern, Short-toed Eagle, Black-winged stilt
- During the winter: Ducks, Booted Eagle, Penduline Tit
- During migration periods: Black Stork, Spoonbill, Gull-billed Tern, Caspian Tern, Black Tern, White-winged Tern, Whiskered Tern

**FAUNA**
Dragonflies, Butterflies (Southern Festoon), European pond turtle, snakes (Malpolon monspessulanus), wild boar, Camargue horses and cattle…

**FLORA**
Reeds, salicornia, sea lavender, Summer snowflake, Iris spuria, Aristolochia, Sedges, Lilies

**ACTIVITIES**
- **Coussouls de Crau Nature Reserve**
  - Museum Ecomusée de la Crau
  - Boulevard de Provence
  - 13310 Saint-Martin de Crau
  - +33 (0)4 90 47 02 01
  - www.reserve-crau.org

- **ViaRhôna cycle route**
  - www.viarhona.com

**FOOD**
- **Marais du Vigueirat Cafe**
  - Open from April to September
  - Marais du Vigueirat
  - 13104 Mas-Thibert
  - +33 (0)4 90 98 70 91
  - www.marais-vigueirat.reserves-naturelles.org

- **Ô Bistrot**
  - 15 rue Alain Guigue
  - 13104 Mas-Thibert
  - +33 (0)6 77 86 70 56
  - www.abritel.fr/location-vacances/p1019654

**ACCOMMODATION**
- **Domaine de l’Isle Saint-Pierre**
  - RD 35 - 13104 Mas-Thibert
  - +33 (0)4 90 98 70 30
  - www.islesaintpierre.fr

- **Gîte du Vigueirat**
  - RD 24 - 13104 Mas-Thibert
  - +33 (0)6 77 86 70 56
  - www.abritel.fr/location-vacances/p1019654

**ARLES TOURIST INFORMATION**
- E-mail: ot-arles@visitprovence.com
- Website: www.arlestourisme.com
- Arles office: Boulevard des Lices / +33 (0)4 90 18 41 20
- Salin-de-Giraud office: Rue Tournaire / +33 (0)4 42 86 89 77
**Marais du Verdier**

Acquired by the « Tour du Valat Foundation » research centre in 2003, the Verdier marshes are managed by the organisation « Les marais du Verdier » in association with the residents of the adjacent village, Sambuc. The site covers **four ancient fishing basins** totalling 120 hectares and consists of **a variety of different habitats** (reedbeds, freshwater and salt marshes, lagoons, Tamarix groves). It’s a haven for waterbirds. An observation platform and hide provide convenient viewing points.

Nature trails are free to access all year round. Park in Sambuc village then pass down the side of the football field and cross the wooden footbridge. A notebook has been made available in the cabin where you are invited to make a note of your observations.

**ACTIVITIES**

- **Guided tour of the Tour du Valat Regional Nature Reserve**
  - Bureau des Guides Naturalistes
  - +33 (0)6 95 90 70 48
  - www.guide-nature.fr
  - www.tourduvalat.org
  - Advance booking only

- **Visit an organic wine and rice farm**
  - Domaine de Beaujou - Sambuc 13200 Arles
  - +33 (0)4 90 97 20 68
  - www.domainedebeaujou.fr

**FOOD**

- **L’Estrambord**
  - 7 rue de l’École du Sambuc
  - 13200 Arles
  - +33 (0)4 90 97 20 10
  - www.lestrambord.fr

- **La Chassagnette**
  - Route du Sambuc - 13200 Arles
  - +33 (0)4 90 97 26 96
  - www.chassagnette.fr

**ACCOMMODATION**

- **Mas de Guinot**
  - Route de Guinot - Le Sambuc
  - +33 (0)4 90 97 20 68
  - www.mas-guinot.camargue.fr

- **Mas de Peint**
  - Le Sambuc - 13200 Arles
  - +33 (0)4 90 97 20 62
  - www.masdepeint.com

**ENQUIRY**

- E-mail : ot-arles@visitprovence.com / Website : www.arlestourisme.com
- Arles office : Boulevard des Lices / +33 (0)4 90 18 41 20
- Salin-de-Giraud office : Rue Tournaire / +33 (0)4 42 86 89 77
The Camargue Natural Reserve
La Capelière

Covering 13 000 hectares in the heart of the Camargue, the Natural Reserve is one of the largest wetland nature reserves in Europe. Its uniqueness and special interest to international heritage rests in its ecological function, as well as the vast diversity of inhabitants and species that are found there (in particular the 276 bird species, of which 258 are of special interest). The site has been managed by the national society for the protection of nature since 1927 and was officially classed as a nature reserve in 1975. The Capelière visitor centre on the reserve is where you can find all the information that you need concerning the various nature trails and sites of interest in the area (La Capelière, Salin-de-Badon, Étang du Vaccarès, etc).

Open every day from April to September: 09:00 - 13:00 and 14:00 - 18:00 and from October to March, apart from on Tuesdays: 09:00 - 13:00 and 14:00 - 17:00. Entrance: 3 €.

Birds that can be seen here

- All year round:
  - Bittern, Great Egret, White Stork, Kingfisher, Cetti’s Warbler
- During the summer:
  - Little Bittern, Night Heron, Black-winged stilt, Green Sandpiper, Spotted Redshank, reed warblers
- During the winter:
  - Teal, Shoveler Duck, Tufted Duck, Pochard, Snipe, Penduline Tit
- During migration periods:
  - Ducks, waders, plovers, redshanks

Étang du Vaccarès
- Greater Flamingo, Osprey, Great Crested Grebe, Black-necked Grebe, Red-breasted merganser, Coot, ducks, Egret, Slender-billed Gull, Bearded Reedling, herons, Caspian Tern, Sandwich Tern, Horned Grebe, Cormorant, Little Gull

Salin de Badon
- Spoonbill, Greylag Goose, Marsh Sandpiper, Eurasian Curlew, Red-rumped Swallow, Yellow Wagtail…

Contact
Address: La Capelière
Town: 13200 Arles
GPS: Lat. 43.533733 - Long. 4.6521497
Phone: +33 (0)4 90 97 00 97
Email: infos@reserve-camargue.org
www.reserve-camargue.org

ARLES TOURIST INFORMATION
E-mail: ot-arles@visitprovence.com / Website: www.arlestourisme.com
Arles office: Boulevard des Lices / +33 (0)4 90 18 41 20
Salin-de-Giraud office: Rue Tournaire / +33 (0)4 42 86 89 77

Key
- Restaurant/food
- Accommodation
- Cattle farm
- Wine-yard
- Accessible by foot
- Accessible by bike
- Trails
- Observation points
- Camargue Park boundary
- Camargue Nature Reserve boundary

> In the surrounding area

**Activities**
- Manade Blanc
  Domaine de Paulon
  Le Sambuc - 13200 Arles
  +33 (0)4 90 72 27 73
  www.manade-blanc.fr
- Guided tour of an organic wineyard
  Domaine de Valériole - Le Sambuc
  13200 Arles
  +33 (0)4 90 97 10 41
  www.masdevaleriole.com

**Food**
- La Telline
  Villeneuve - 13200 Arles
  +33 (0)4 90 97 01 75
  www.restaurantlatelline.fr
- Chez Bob
  D 37 - Route du Sambuc
  13200 Arles
  +33 (0)4 90 97 00 29
  http://restaurantbob.fr

**Accommodation**
- Mas Saint-Germain
  Villeneuve - 13200 Arles
  +33 (0)4 90 97 00 60
  massaintgermain.com
- Mas Antonelle
  Villeneuve - 13200 Arles
  +33 (0)490 97 00 32
  www.antonelle.net
To follow the tracks around Mas de Pont de Rousty is to immerse oneself in the fluvio-lacustrine zone of the Camargue where the natural habitat (reedback marshes) is influenced by freshwater sediments brought in by the Rhone and various agricultural activities such as rice and cattle production. Here, 80 hectares of reedbeds provide home to a wide range of birdlife (herons and reed passerines). The seasonal flooding of these fields of bulrushes creates feeding grounds for waders in spring and ducks in winter. A purpose-built hide allows for the easy observation of these birds.

Nature trails with observation points and hides. Open all year round. Free to enter. Information and starting point at the « Musée de la Camargue ».

> Fauna and flora found here

**BIRDS**

- **All year round:** Flamingo, herons, Bittern, Great Egret, Reed Bunting, Bearded Tit, Marsh Harrier, Purple Gallinule, Kingfisher
- **During the summer:** Glossy Ibis, Squacco Heron, Collared Pratincole, Bee-eater, Black-winged Stilt, Common Tern, Yellow Wagtail
- **During the winter:** Teal, Shoveler Duck, Common Crane
- **During migration periods:** Spotted Redshank, Snipe, Great Spotted Cuckoo, Whiskered Tern

**FAUNA**

Southern Festoon butterfly, Pond Turtle, Mediterranean Tree Frog, Green Lizard, Rabbit…

**FLORA**

Sea lavender, Stinking Iris, Salicornia…

> In the surrounding area

**ACTIVITIES**

- **Camargue Museum**
  Mas du Pont de Rousty
  13200 Arles
  +33 (0)4 90 97 10 82
  www.parc-camargue.fr/musee.html

- **Manade Mailhan**
  Mas de Bernacles - 13200 Arles
  +33 (0)4 90 97 00 12
  www.manademailhan.com

- **Manade Salièrène**
  Saliers - 13123 Albaron
  +33 (0)4 90 97 02 17
  www.topcamargue.com/mas-grand-arbaud

**ACCOMMODATION / FOOD**

- **Hôtel 2* Restaurant le Flamant Rose**
  Chemin de la Roselière
  13123 Albaron
  +33 (0)4 90 97 10 82
  www.leflamantrose.com

- **Gîtes du Mas de la Vigne**
  Albaron
  +33 (0)4 90 97 11 29
  www.masdelavigne.com

- **Logis de France, 8 double rooms**
  Fish and local beef specialties

**ACCOMMODATION**

- **Mas du Grand Arbaud**
  Gageron - 13200 Arles
  +33 (0)4 90 97 02 17
  www.topcamargue.com/mas-grand-arbaud
The « Parc ornithologique de Pont de Gau » is situated 4 km north of the seaside town of « Saintes-Maries-de-la-Mer » and offers 60 hectares of nature reserve dedicated to the fauna and flora of the Camargue. 7 km of nature trails and observation points cross different habitats, such as lakes, reedbeds and salt marshes. Many types of sedentary and migratory birds can be seen here. The sanctuary is also home to a wild animal care centre that nurses around 500 injured birds each year.

Open all year round from 9:00 am (April - Sept) or 10:00 am (Oct - March) until sunset. Cafe open for drinks and snacks from April - Sept. Entrance : Adults 7.5€, Children 5€.

> Fauna and flora found here

**BIRDS**
- **All year round**: Greater Flamingo, Grey Heron, Cattle Egret, Little Egret, Night Heron, Bearded Tit
- **During the summer**: Little Terns, Mediterranean Gull, Slender-billed Gull, Pied Avocet, Hoopoe, Bee-eater
- **During the winter**: ducks (Shoveler, Gadwall, Widgeon), Peregrine Falcon, Booted Eagle, Marsh Harrier, Hen Harrier
- **During migration periods**: Waders, Greenshank, Wood Sandpiper, Green Sandpiper, Ruff, Curlew, plovers, Caspian, Tern, Black and White Stork

**FAUNA**
Montpellier Snake, Aesculapian Snake, Grass Snake, Ladder Snake, Dragonflies, Pond Turtle...

**FLORA**
9 species of orchid are found on site, including (O.fragrans), Sea Lavender...

> In the surrounding area

**ACTIVITIES**
- **Manade Cavallini**
  Mas de Pioch - RD 570
  13460 Saintes-Maries-de-la-Mer
  ☎ +33 (0)4 90 75 00 06
  www.masdepioch.com

- **Auberge Cavalière du Pont des Bannes**
  Route d’Arles - RD 570
  13460 Saintes-Maries-de-la-Mer
  ☎ +33 (0)6 63 65 26 08
  www.aubergecavaliere.com

**FOOD**
- **Cookery course with Roger Merlin**
  Mas des Colverts
  13460 Saintes-Maries-de-la-Mer
  ☎ +33 (0)4 90 97 83 73
  www.cuisineprovence.com

- **L’Hostellerie Pont de Gau**
  Route d’Arles
  13460 Saintes-Maries-de-la-Mer
  ☎ +33 (0)4 90 97 81 53
  www.hotelpontdegau.com

**ACCOMMODATION**
- **Gîte Mas Farola**
  Route du Bac du Sauvage
  13460 Saintes-Maries-de-la-Mer
  ☎ +33 (0)6 20 68 14 07
  www.masfarola.camargue.fr

- **Hôtel 3* Mas de la Grenouillère**
  Chemin Haut des Launes
  13460 Saintes-Maries-de-la-Mer
  ☎ +33 (0)4 90 97 90 22
  www.hotel-la-grenouillere.fr

**CONTACT**
Address : Route d’Arles
Town : 13460 Les Saintes-Maries-de-la-Mer
GPS : Lat. 43.4891318 - Long. 4.4038581
Phone : +33 (0)4 90 97 82 62
Email : frederic@parcornithologique.com
www.parcornithologique.com
**Draillle des 5 gorges**

This driveway borders the Imperial lakes or « étangs » Malagroy and Vaccarès and presents various typical Camargue landscapes within a relatively short distance. Many species of ducks and waders can be observed here. The track crosses a number of agricultural developments typical of the Camargue, such as rice fields and wide open horse and cattle farms. Free access and open all year round.

GPS coordinates for the car park on the Cacharel road : Lat. 43.4852274 - Long.4.4453371

GPS coordinates for the car park at the Domaine de Méjanes : Lat. 43.5707716 - Long. 4.5064601

**Digle à la mer**

This sea embankment stretches from Saintes-Maries-de-la-Mer to Salin-de-Giraud and crosses the southern sector of the Camargue Nature Reserve. It offers 20 km of foot and cycle paths from which you can discover the wild open spaces of the lagoons and saltmarshes. The track across the embankment is open throughout the year. It is strictly forbidden to leave the track and venture onto the dunes, even on foot.

GPS coordinates for the car-park at Saintes-Maries : Lat. 43.4567338 - Long. 4.445432

GPS coordinates for the car-park at Etang du Fangassier : Lat. 43.4076627 - Long. 4.5981305

**In the surrounding area**

> **Birds that can be seen here**

**DIGUE À LA MER**

- **All year round :** Greater Flamingo, Shelduck, Spoonbill, Avocet, Curlew, Redshank, Mediterranean Gull, Kentish Plover, Dartford Warbler, Crested Lark
- **During the summer :** Little Tern, Oystercatcher, Tawny Pipit, Yellow Wagtail
- **During the winter :** Dunlin, Little Stint, Sanderling
- **During migration periods :** Passerines, Caspian Tern, Whimbrel

**DRAILLLE DES 5 GORGES**

- **All year round :** Pink Flamingo, Great Egret
- **During the summer :** Kentish Plover, Black-tailed Godwit, Bar-tailed Godwit, Spoonbill, Eurasian Stone-curlew
- **During the winter :** Red-crested Pochard, Greylag Goose, Greater Spotted Eagle, Booted Eagle
- **During migration periods :** Stints, sandpipers

> **In the surrounding area**

**Activities**

- **Manade Saint-Antoine**
  - +33 (0)6 10 66 02 12
  - www.manadesaintantoine.com
- **Bergerie d’Alivon**
  - +33 (0)6 03 54 10 94
  - www.bergeriealivon.com
- **Domaine de Méjanes**
  - +33 (0)4 90 97 10 10
  - www.pejanes-camargue.fr
- **Boat trips le Tiki III**
  - +33 (0)4 90 97 81 68
  - www.tiki3.fr

**Food**

- **À fleur de sel**
  - 43 avenue Frédéric Mistral
  - 13460 Saintes-Maries-de-la-Mer
  - +33 (0)4 90 97 83 42
  - www.camarguerestaurantaflerdesel.com
- **La Casa Romana**
  - 6 rue Joseph Roumanille
  - 13460 Saintes-Maries-de-la-Mer
  - +33 (0)4 90 97 83 33

**Accommodation**

- **Mas des Grandes Cabanes du Vaccarès**
  - Route Départementale 570
  - 13460 Saintes-Maries-de-la-Mer
  - +33 (0)6 03 67 72 80
  - www.masdesgrandescabanes.com
- **Hôtel 3* Mas de Calabrun**
  - Route de Cacharel
  - 13460 Saintes-Maries-de-la-Mer
  - +33 (0)4 90 97 82 21
  - www.mas-de-calabrun.fr

**Saintes-Marie-de-la-Mer Tourist Information**

E-mail : info@saintesmaries.com / Website : www.saintesmaries.com
5 avenue Van Gogh - 13460 Saintes-Maries-de-la-Mer
+33 (0)4 90 97 82 55
The Fangassier lagoon and the coastline of Beauduc make up part of the vast stretch of 6 500 hectares of the ancient Camargue salt works and lagoons that now belong to the coastal protection agency the «Conservatoire du Littoral». A large number of species typically found along the Mediterranean coast can be found here.

You can visit «L’étang du Fangassier» all year round, with or without a professional guide. From April to September, a special guided visit is available to discover the unique colony of approximately 10 000 breeding couples of Pink Flamingo.

GPS coordinates for the car-park at the «étang du Fangassier»: Lat. 43.4076627 - Long. 4.5981305

GPS coordinates for the Mas Saint-Bertrand (guided tours): Lat. 43.4489629 - Long. 4.660796

Unique to the site at «La pointe de Beauduc» is a system of dunes and an exceptional vegetation pattern that are found nowhere else in the Rhone valley. The site is open and free to access all year round. Take care: the 10 km track to access the site is poorly maintained and is limited to vehicles < 2 m wide.

GPS pointe de Beauduc: Lat. 43.4076627 - Long. 4.5981305

> In the surrounding area

> Activities

**A guided tour of «étang du Fangassier»**

Bureau des Guides Naturalistes
+33 (0)6 95 90 70 48
+33 (0)4 42 86 89 77
www.guide-nature.fr

From April to Sept. Advance booking only

**Bike rides**

www.parc-camargue.fr/itineraires.html

> Food

**Les Saladelles**

4 rue des Arènes
13129 Salin-de-Giraud
+33 (0)4 42 86 83 87
www.hotel-salin-beauduc.fr

**La Camargue**

58 boulevard de la Camargue
13129 Salin-de-Giraud
+33 (0)4 42 86 88 52

> Accommodation

**Mas Saint-Bertrand**

13129 Salin-de-Giraud
+33 (0)4 42 48 80 69
www.mas-saint-bertrand.com

**Un nid en Camargue**

15 rue de la Victoire
13129 Salin-de-Giraud
+33 (0)9 73 16 04 68
www.gdf13.com

> Birds that can be seen here

**ÉTANG DU FANGASSIER**

- All year round: Greater Flamingo, Avocet, Kentish Plover
- During the summer: Little Tern, Black-winged Stilt, Slender-billed Gull, Yellow Wagtail
- During the winter: Grey Plover, Golden Plover, Sandpiper, Dunlin, Little Stint, Curlew, Hen Harrier, Short-eared Owl
- During migration periods: Curlew, godwits, plovers, redshanks

**POINTE DE BEAUDUC**

- All year round: Greater Flamingo, Dunlin, Little Stint, Sanderling
- During the summer: Sandwich Tern, Little Tern, Common Tern, Redshank
- During the winter: Eider Duck, Black-throated Loon, Oystercatcher, Widgeon, sea-birds
- During migration periods: waders, Curlew, Whimbrel, birds of prey, passerines

**In the surrounding area**

**ARLES TOURIST INFORMATION**

E-mail: ot-arles@visitprovence.com / Website: www.arlestonline.com

Arles office: Boulevards Lices / +33 (0)4 90 18 41 20
Salin-de-Giraud office: Rue Tournaire / +33 (0)4 42 86 89 77
Property of the « Conservatoire du Littoral » coastal protection agency, the Palissade estate reaches over 702 hectares on the south-eastern territory of the Camargue, on the estuary of the Grand Rhone. The estate works actively to promote environmental protection and education. From here is a great place to visit the last remaining natural space in the Camargue that hasn’t been the subject of embankment work. Choose between three trails of 1 km, 5 km or 8 km from which you can discover, with or without a professional guide, an archetypal Camargue landscape full of many types of wildlife.

Open every day from 09:00 - 17:00 (closed on Mondays and Tuesdays from mid-November to February) Closed 11/11, 25/12, 01/01 and 01/05. Entrance : Adults 3€ (Children go free). Advance booking necessary for guided tours.
They du Mazet

Situated on the south side of the town Port Saint Louis du Rhône, the «They du Mazet» was acquired by the «Conservatoire du Littoral» coastal protection agency in 1980 and consists of a dune formation sculpted by the actions of the river and sea. An integral part of the Camargue delta, this zone is a feeding, resting and breeding ground for many types of birds. During high waters, the area becomes flooded by seawater, giving rise to a saline soil and a unique and abundant vegetation pattern.

A purpose-built track with information panels is open and free to access all year round, outside of rainy conditions.

> In the surrounding area

<table>
<thead>
<tr>
<th>ACTIVITIES</th>
<th>FOOD</th>
<th>ACCOMMODATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bike hire</td>
<td>Joaline coquillages</td>
<td>Mas du Grand Peloux</td>
</tr>
<tr>
<td>Capitainerie du Port</td>
<td>Avenue de la première Division Francaise Libre</td>
<td>Chemin Départemental 35</td>
</tr>
<tr>
<td>13230 Port Saint Louis du Rhône</td>
<td>+33 (0)4 22 86 39 11</td>
<td>13230 Port Saint Louis du Rhône</td>
</tr>
<tr>
<td>+33 (0)4 22 86 01 90</td>
<td><a href="http://www.joalinecoquillages.fr">www.joalinecoquillages.fr</a></td>
<td>+33 (0)4 42 86 26 04</td>
</tr>
<tr>
<td>Quai Bonnardel</td>
<td>13230 Port Saint Louis du Rhône</td>
<td>+33 (0)4 42 48 84 60</td>
</tr>
<tr>
<td>+33 (0)4 22 86 01 21</td>
<td><a href="http://www.joalinecoquillages.fr">www.joalinecoquillages.fr</a></td>
<td><a href="http://www.grandpeloux.fr">www.grandpeloux.fr</a></td>
</tr>
</tbody>
</table>

> Fauna and flora found here

**BIRDS**
- **All year round:** Greater Flamingo, Great Crested Grebe, Mute Swan, Little Egret, Grey Heron
- **During the summer:** Redshank, Kentish Plover, Little Tern, Oystercatcher, Gadwall
- **During the winter:** Hoopoe, Teal, Shoveler Duck
- **During migration periods:** Caspian Tern, Red Kite, Bee-eater, Green Sandpiper

**FAUNA**
- 3 species of reptiles (snakes and lizards), 3 species of amphibians, dragonflies…

**FLORA**
- Sea lavender, salicornia, Marsh Daisy, Limonium girardianum, Dwarf Elgrass, Seawrack, Mediterranean grasses…

> Fauna and flora found here
This booklet has provided the opportunity to showcase the work of environmental managers, farmers, restaurant owners and people working in the tourist industry that have committed to high quality standards and sustainable development via the following labels:

The label « Camargue Regional Nature Park » is given to produce and services that are specific to the region. Holders of this label must build their business on a human scale, upkeep local traditions and value and preserve the environment in which they work in conjunction with solid local connections.

The European Charter for Sustainable Tourism in protected areas aims to assure that tourism within protected spaces throughout Europe contributes to a balanced economic, social and environmental development. Tourist operators that sign up to this charter promote responsible and sustainable tourism.

Le « Conservatoire Grand Sud des Cuisines » is an association between professional chefs and local producers with the aim of promoting Mediterranean culinary heritage. The prerequisite of this label is the utilisation of fresh, authentic, seasonal produce and the valorisation of its regional identity and taste, as well as its nutritional aspects.

You are in a Regional Nature Park
- Park only in designated areas and don’t leave anything valuable in your vehicle
- Don’t forget to carry a bottle of drinking water at all times
- Don’t forget your sun cream and insect repellent
- Stay on the path, do not enter onto private property and don’t climb over any fences
- Do respect animals and keep the noise down
- Don’t leave anything behind, especially rubbish
- Nature is at its best early in the morning or late in the afternoon
- Avoid going out before 9:30 am during the hunting season (mid-September - mid-January)
- Check the weather forecast before leaving the house and avoid going out in high wind

EMERGENCY NUMBER
SOS 112
European emergency number
15 Ambulance
17 Police
3250 Weather
04 91 75 25 25 Anti-poison clinic in Marseille

This project has been brought to you with the help of funding from Europe and the region of Provence-Alpes-Côte d’Azur and with the technical support from our partners:
The Camargue Regional Nature Park

LIST OF PARKS THAT HAVE PUBLISHED A BOOKLET OF THIS KIND « WHERE TO WATCH BIRDS »

• The Brière Regional Nature Park
  www.parc-naturel-briere.fr
• The Brenne Regional Nature Park
  www.parc-naturel-brenne.fr
• The Forêt d’Orient Regional Nature Park
  www.pnr-foret-orient.fr
• The Haut-Languedoc Regional Nature Park
  www.parc-haut-languedoc.fr
• The Loire-Anjou-Touraine Regional Nature Park
• The Marais du Cotentin et du Bessin Regional Nature Park
  www.parc-cotentin-bessin.fr
• The Narbonnaise Regional Nature Park
  www.parc-naturel-narbonnaise.fr
• The Perche Regional Nature Park
  www.parc-naturel-perche.fr

HOW TO GET TO THE CAMARGUE

The Camargue Regional Nature Park is situated on the Mediterranean coast, in the Provence-Alpes-Côte d’Azur region in the south of France. Close to the town of Arles, the park is 45 km south of Avignon, 75 km east of Montpellier and 80 km west of Marseille.

BY CAR www.viamichelin.co.uk/
Motorways, direction ARLES
• A6 & A7 : Paris - Lyon - Orange - Avignon - Marseille (Rhone Valley)
• A9 : Orange - Nîmes - Montpellier - Narbonne - Barcelone (Spain)
• A54 : Nîmes - Salon-de-Provence

BY TRAIN www.voyages-sncf.co.uk
Arles train station : trains direct from the Gare de Lyon station in Paris, and from regional networks coming from Bordeaux - Carcassonne - Toulouse, Nice - Montpellier - Marseille, Avignon and Nîmes… Cycle compartments are available on some trains.

BY PLANE
• Nîmes airport (20 km) : destination London and Liverpool
• Marseille airport (70 km) : destination London, Edinburgh, Dublin
• Montpellier airport (70 km) : destination London, Edinburgh, Dublin
• Beziers airport (150 km) : destination London, Manchester, Bristol, Edinburgh
• Carcassonne airport (230 km) : destination London, Liverpool, Bournemouth, East Midlands, Glasgow, Dublin, Cork